

# Aspire

*Supporting women  
into the Boardroom*

## A Leadership Programme for Women in Yorkshire and the Humber

**Aspire** is a two day training programme for women who are interested in stepping up to the Boardroom table. Working across public, private and voluntary sectors, Aspire aims to provide women, already operating at senior levels, to create the time and space to consider 'what works' for women once they are at the Boardroom table as well as how they might get there in the first place.

Aspire is designed to help towards narrowing the disproportionate gap between the number of men and women, particularly ethnic minority women, currently operating at the very top level of many organisations.

### 1. Aspire has a series of learning outcomes:

- Increased self-knowledge
- Increased personal focus and direction
- Improved strength and confidence
- Greater understating of the dynamics of Boards (and top level working)

In addition, participants will also develop their own personal agreement and action plan to drive forward ideas and individual goals, turning them into actions.

### 2. The format:

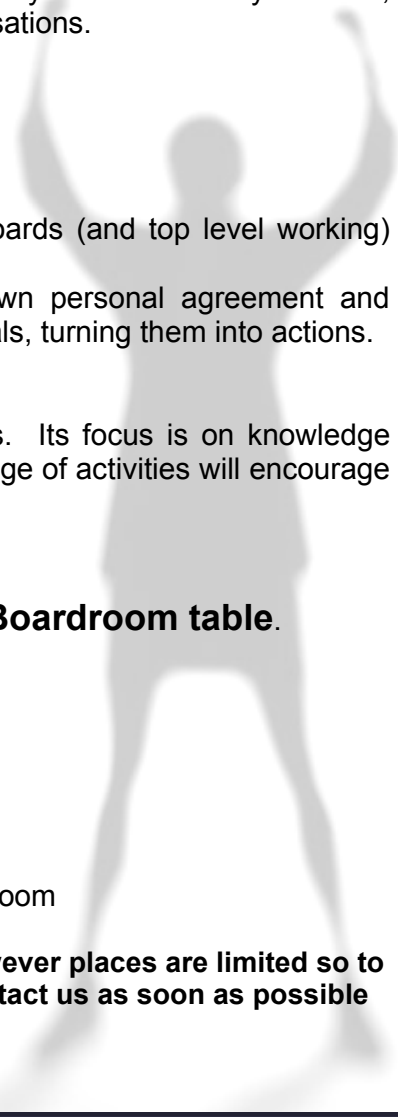
Aspire is running over two (non-consecutive) days. Its focus is on knowledge and information sharing and peer learning. The range of activities will encourage creative thinking and learning new techniques.

**Our aim – to get you around the Boardroom table.**

### Programme topics

- Leadership
- Challenge
- Gender dynamics
- What works
- Action planning / Getting a result – in the Boardroom

**The course is fully funded by Yorkshire Forward, however places are limited so to be sure you are part of this exciting opportunity contact us as soon as possible**



## Full Programme Details

**DAY 1**      **10.00am – 3.30pm**

9.30am	Arrive, registration and refreshments
10.00am	Welcome and introduction Ice breaker
<b>Session 1</b>	
	<i>What we need to take to the Boardroom:</i>  <ul style="list-style-type: none"> <li>➤ Leadership styles <ul style="list-style-type: none"> <li>▪ The dynamics and differences between women and men's styles</li> </ul> </li> </ul>
12.30 – 1.30pm	<b>Lunch</b>
<b>Session 2</b>	
	<i>Rising to the challenge:</i>  <ul style="list-style-type: none"> <li>➤ How do you square up, what is your leadership challenge?</li> </ul> <p>Exercise: 3 real life challenges for the group to work on, discuss and problem solve (as action-learning sets)</p>
<b>Session 3</b>	
	<ul style="list-style-type: none"> <li>➤ What is your leadership style?</li> </ul> <p>Exercise: personal analysis of skills/reflection</p> <ul style="list-style-type: none"> <li>➤ Presentation to whole group</li> <li>➤ Problem solver</li> </ul> <p>Exercise: meeting the challenge</p> <ul style="list-style-type: none"> <li>- Results through discussion of the 3 challenges</li> <li>- Result, tips, techniques</li> </ul>
	Preparation and agree 'shape' of Day 2
3.30pm	Session Close

**DAY 2      10.00am – 3.00pm**

9.30am	Arrive, registration and refreshments
10.00am	Welcome and recap of Day 1  Ice breaker
<b>Session 1</b>	
	<i>What makes a strong female leader?</i>  High level female Board member/Leader presentation and questions  Group discussion
12.30 – 1.30pm	Lunch
<b>Session 2</b>	
	<i>Towards the Board</i>  Action learning based on strands from (Day 1 and speaker)  Developing personal strategy
<b>Session 3</b>	
	High level networking and how to increase visibility
<b>Session 4</b>	
	<i>What next?</i>  Peer mentoring  Meeting in February  Other?
3.30pm	Session Close

## Dates of Training

There are a number of options to how you attend the course; all that we require is that you stay with your group (10 women per session)

### Course Option 1

2 Saturdays

Day 1	Day 2
Saturday 14 <sup>th</sup> October 2006	Saturday 4 <sup>th</sup> November 2006

### Course Option 2

2 Weekdays

Day 1	Day 2
Wednesday 17 <sup>th</sup> October 2006	Tuesday 7 <sup>th</sup> November 2006

### Course Option 3

1 Saturday, 1 weekday

Day 1	Day 2
Tuesday 14 <sup>th</sup> November 2006	Saturday 18 <sup>th</sup> November 2006

### Course Option 4

1 Saturday, 1 weekday

Day 1	Day 2
Thursday 11 <sup>th</sup> January 2007	Saturday 20 <sup>th</sup> January 2007

*(These dates are provisional and therefore subject to slight change)*

## Networking Event

We will also be holding a networking event for all participants in Mid-February 2007

**To register or to find out further information please contact:**

**Rebecca Williams, Programme Coordinator**

The Fair Play Partnership

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